



# FOOTPATHS OF THE HOLY MOUNTAIN

## FROM AGIOU PAVLOU TO DIONYSIOU

Distance: 2.7 km      Journey Time: 1 hour

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**Apart from a small stretch of traditional *kalderimi* at the very beginning, the first half of this attractive journey is almost entirely on an unattractive broad track. But the fine views of *Agiou Pavlou* Monastery and Athos summit compensate for this. The second half is on a footpath which is parallel to the sea along the edge of a cliff. This footpath offers spectacular views down the coast and up to the mountain.**

**Note:** All distances given (in metres) should be taken as approximate. The numbers shown in the form **1** are Waypoints to be found in associated GPS tracking. The route described is liable to unpredictable change: for example, forestry work, road or track construction and plant growth may alter the route, or its appearance. Signposts may disappear or new ones appear. The Friends of Mount Athos strives to keep this description correct and up to date but cannot take responsibility for its accuracy.

**Abbreviations:** L = Left; R = Right; KSO = Keep straight on;  
FP = Footpath; K = *Kalderimi* (stone-paved FP or track)

**Transliterations:** ΔΙΟΝΥΣΙΟΥ = *Dionysiou*; ΑΓΙΟΥ ΠΑΥΛΟΥ = *Agiou Pavlou*

### Description of Route:

Walk (m)    And then . . .

**1** Leave ***Agiou Pavlou Monastery*** entrance, pass kiosk on R and KSO/R on descending paved track (*K*). The *K* descends between buildings and the monastery's garden, zigzagging in places.

330

**2** Turn R through gateway and immediately L. Pass shrine (on L) to find narrow corridor above track with wooden guardrail. Corridor crosses streambed on nice wooden bridge and continues parallel to the track, ending at small wooden gate. Go through gate and descend four steps to reach track. KSO on track to arrive at ...

140

**3** Junction with broad road coming from *arsanas*. Turn hard R here onto broad road heading to shore and *arsanas*.

At fork after about 100m, keep L remaining on main road.

**Note:** There has been extensive construction of new terraces between ***Agiou Pavlou Monastery*** and the shore.

- 600 **4** At junction close to *arsanas*, turn R onto track parallel to the shore (signed).
- 320 **5** Cross streambed at ford or take the narrow corridor on the L above track (corridor crosses streambed on nice wooden bridge with wooden guardrail and rejoins track in a few meters). KSO still on track (now concrete) parallel to the shore, past tower (recently restored) on R. Ignore any tracks inland.
- 360 **6** Track ends close to attractive beach. Turn R here onto steeply ascending FP (signed).
- 650 **7** Pass viewpoint with cross on L. Excellent views of the shore and the *arsanas* of both monasteries.
- 160 **8** Arrive at paved track (*K*). Excellent view of ***Dionysiou*** ahead. Track makes zigzag ascent, passing below ossuary on R.
- 120 **9** Arrive at ***Dionysiou Monastery*** entrance.
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This description has been produced by ***The Friends of Mount Athos***, a charitable organisation which, among other activities, works with monasteries to keep this, and certain other footpaths on the Holy Mountain, open. Copies of this and similar descriptions are available, free, from the Friends website, [www.athosfriends.org](http://www.athosfriends.org) and in a number of places on or associated with the Holy Mountain.