Footpaths of the Holy Mountain

From Hilandar to Karyes

Distance: 19.5 km  Journey Time: 7 – 8 hours

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WARNING: Much of this route is very isolated and without sources of water. In a number of places (indicated below) the route may be difficult to follow.

For most of the way, this route follows the historic ridge path, the Way of the Bey, from which there are fine views down either to the East or to the West, or occasionally to both at once. After a climb up from Hilandar, the route follows the ridge all the way to the Vatopedi – Karyes road. Apart from a few sections along minor road and track, this is all along the historic Way of the Bey which remains kalderimi in places. The next section of the original route would entail following the main road, so, instead, the final part of the route described drops down to follow the FP from Vatopedi to Karyes. Less obvious parts of the route have been marked with orange tape and/or red and white waymark arrows.

Note: All distances given (in metres) should be taken as approximate. The numbers shown in the form 1 are Waypoints to be found in associated GPS tracking. The route described is liable to unpredictable change: for example, forestry work, road or track construction and plant growth may alter the route, or its appearance. Signposts may disappear or new ones appear. The Friends of Mount Athos strives to keep this description correct and up to date but cannot take responsibility for its accuracy.

Abbreviations: L = Left; R = Right; KSO = Keep straight on; FP = Footpath; K = Kalderimi (stone-paved FP or track)

Transliterations: ΧΕΡΑ = Chera; ΔΟΧΕΙΑΡΙΟΥ = Dochiariou; ΚΩΝΣΤΑΜΟΝΙΤΟΥ = Konstamonitou; ΡΑΤΟΠΑΙΔΙΟΥ = Vatopedi; ΚΑΡΥΕΣ = Karyes; ΕΣΦΙΓΜΕΝΟΥ = Esphigmenou; ΧΙΛΑΝΔΑΡΙΟΥ = Hilandar; ΖΩΓΡΑΦΟΥ = Zographou;

Description of Route:

Walk And then . . .

49 Turn L out of Hilandar Monastery main entrance and walk downhill on the main road, passing the graveyard and ossuary on the L and ignoring road entering from R.

130 48 At junction, KSO/R on road.
Take FP on R (signed Karyes, Chera and Zographou). FP climbs, steeply at times.

FP meets road. Turn L along road, downhill.

Take FP on R, climbing steep and difficult bank off the road onto the FP (signed Karyes and Vatopedi).

**Caution: Easy to miss.**

*Take extreme care when climbing bank.*

Cross stream. FP begins to climb again.

Cross another stream.

Pass stone obelisk, on R of FP. (This has inscriptions on each side and is a frontier marker between Hilandar and Esphigmenou territory).

FP straight ahead is blocked. Turn L through gap over bank and immediately turn R (signed Karyes and Chera) onto FP coming from Esphigmenou.

At top of hill, KSO past large stone monument with marble cross (*Marmarenios Stavros* in Greek) on L and descend hill. (Good views behind monument. 20m to the R, behind woods, there is a stone frontier marker obelisk.)

FP emerges at track. Turn L along track (signed Karyes).

**Note:** Turning R here leads to Zographou (signed) after 4.5km by stream bed FP or 7.5km by track. Both routes are very isolated and without sources of water.

Turn R off the track (signed Karyes and Chera), down bank and over stream-bed to find FP in 20m (marked with orange tape). Turn L onto FP and go uphill on K, emerging into the open from woodland.

FP emerges at broad track. Turn R, keeping uphill, starting a long ascent on broad track (signed Vatopedi and Chera). There are a few good views of Mount Athos and R towards Zographou.

Arrive at open area. Pass newly-built fountain with trough on L and old stone water cistern below on R. KSO uphill on narrower track (signed Vatopedi).

**Caution:** Easy to miss.

The track bends R and becomes K in places (may be overgrown).
34A Arrive on the ridge at the top of hill. Turn L (signed Vatopedi, Chera and Karyes) across open plateau. Then, after 20m, turn R onto FP.

**Caution: Easy to miss.**

The FP then roughly follows the ridge for a long distance, through varying terrain, mainly wooded, sometimes open. There are a few very good views in both directions, especially of the coast and Vatopedi Monastery, and towards Mount Athos.

3300

33 Arrive at Chera (‘The Hand’) – a brownstone monument marking the crossing of the ridge with directions carved on it (altitude 350m). FP from Zographou to Vatopedi joins from R. KSO/L following sign to Karyes.

(Estimated time to this point: 3 – 3½ hours)

40

32 Fork R on ridge path (signed Karyes). (To L the FP from Zographou continues down to Vatopedi.)

120

31 Pass large covered well (disused) on L. KSO, climbing gently on FP with good stretches of K.

1400

30 Shortly after FP crosses from west to east side of ridge, with views down towards Vatopedi, FP to Konstamonitou leaves ridge to R through gap in stone wall (signed). KSO on ridge path (signed Karyes) which soon crosses back to west side and descends gently before climbing again.

1200

29 FP again crosses ridge to east side and descends gently. Ignore rough path to L and R along crest of ridge.

700

28 T junction of FPs. Ignore FP ahead uphill (signed Konstamonitou and Dochiarious). Turn L, downhill (signed Karyes), still on ridge path.

200

27 FP emerges at forest road from back R (signed Dochiarious). KSO/L on road along ridge on level, passing large stone plinth with cross inlay on R.

90

26 T-junction with track to L which leads to FP down to Vatopedi (signed). KSO on forest road which continues initially along crest of ridge, ignoring possible paths to R.

1200

25 Where road bends L, KSO/R along track.
24 At fork of tracks, KSO/L. Cell, of Agios Dimitrios, becomes visible ahead.  

Note: The track to the R leads to a fountain with running water to the R of the building.  

23 When level with steps of cell (to R), turn sharp L, uphill, on faint track which soon bends R and levels out, with woods uphill to L. Track becomes FP which crosses open area.  

Caution: The route here is likely to be seasonally very overgrown and may not be obvious – watch out for red and white waymarks and orange marker tape.  

22 Bear L into trees on indistinct but marked path (watch out for red and white waymarks and orange tape). Route passes distinctive 8-trunked tree after which it becomes obvious historic FP which climbs gently through woods with hill to L.  

21 FP emerges from woods onto open hillside with view of sea to R. Bear L on narrow level path following contour of the hill across level scrubby area.  

Caution: FP may be overgrown and indistinct. Watch for orange tape.  

20 FP re-enters woods and begins to descend gently, becoming less distinct (follow waymarks and orange tape). Pass below and to R of massive ancient chestnut tree and then bear R.  

Note: Hollow interior of tree contains a small makeshift chapel.  

19 Cross stream (and wire rope if across path) with fountain (dry) to L on further side. FP now begins to climb again. Ignore any possible paths or tracks down to R.  

18 FP reaches open area with stone pillar above to L. Do not take track uphill to L. KSO on level FP which may be seasonally overgrown. FP follows contour of hill. Telecommunications mast may be visible on summit ahead. FP then bears R, below hill. Track from mast descending hill soon runs parallel to, and to L of, FP.  

17 FP emerges onto this track just before track joins main Vatopedi – Karyes road. Turn R onto track and then R onto main road (towards Karyes).
15. Arrive at major crossroads with large wooden cross (Stavros Makrygenous). Turn L, downhill, on minor road signed to Karyes, Pantokrator and the Kellion of Agios Georgios Phaneromenos.

14. After sharp bends first to R and then to L, FP from Vatopedi to Karyes crosses road. Turn R along FP, signed Karyes, on level. Fine view ahead to Skete of St Andrew, Karyes and Mt Athos briefly appears.

13A. At fork, ignore track to L. KSO on K.

13. Emerge at road at outside of bend, with track back to R. KSO along road, gently uphill.

12. At 3-way junction where main road bends R, KSO/L (signed Karyes).

11. At T-junction, turn R on track. Track shows evidence of K.

10. Ignore track up R (signed I K Marouda). KSO, signed Karyes.


Alternatively, or if missed, continue a further 100m to T junction with large ruined building on R, and turn hard L onto concrete track downhill (signed). FP joins track from L in 30m (see next entry).

8. FP emerges at track. Turn L onto track, downhill.

7. At junction with large metal cross (on L), turn R onto track signed Karyes.

6. Ignore broad concrete track L (to Kellion Pateritsa). KSO/R.

5. Ignore gated track back L to kellion. KSO on main track.

4. Cross Karyes-Daphni road. KSO, now on K, signed Karyes.

3. Ignore FP (K) up R.

1. Arrive at Karyes square where the buses arrive.

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